

DNIG

Diabetes Nurses Interest Group

DNIG
THE
VOICE
FOR
NURSING
IN
DIABETES
CARE

Report from the Chair

Lisa Herlehy



Welcome to your DNIG wintertime newsletter. I hope you will find useful this update on things relevant with DNIG and diabetes in Ontario. Of note in this issue; on page 2 you will find some updates on executive positions. I would like to take this opportunity to thank retiring member Sharon Rouatt who throughout her career has contributed much to diabetes care and management in the Ottawa area and has been a valued DNIG executive member. The executive would also like to thank Anissa Ramchatesingh who has served as student member for the last few years. Her energy and insights will be missed.

The executive had a very pro-

ductive face to face meeting in early November in Kingston. We decided to focus on increasing member involvement in DNIG as a priority for 2020. We will continue to support education and initiatives through our bursaries outlined on page 7. Page 10 provides some suggestions for conferences which would qualify for up to \$1000 in funding. Save the date for our AGM February 13 for further details on plans for 2020.

Finally, Happy New Year to DNIG members across Ontario. The holiday season has passed and I hope it was filled with family, friends and lights which make these shortest days of the year a bit more bearable. But this time of year can be

stressful as well; for those living with diabetes changes in routine and diet might have made managing those blood sugars challenging. It is easy for all of us to slip out of those physical activity routines, drink more alcohol than we might normally and stand too close to the food table! This month is a fresh new start to get back on track. We'll do it together. All the best in 2020!

Miigwech Niá:wen

Lisa

[Contact us](#) to discuss opportunities to write an opinion piece, showcase your program or share your views in our newsletter.

Annual General Meeting

Thursday, February 13, 2020. 7:45 p.m.

All DNIG members are invited. [Email Lisa](#) for teleconferencing details.



Executive Members

Lisa Herlehy	Chair	dnig.info@gmail.com
Margaret Little	Treasurer	mmgwlittle@gmail.com
Toba Miller	Membership & Services ENO	tmiller@toh.ca
Alwyn Moyer	Communications ENO	alwyn.moyer@sympatico.ca
Sanja Visekaruna	Social Media ENO	sanja.visekaruna@gmail.com
Morgan Lincoln	Policy and Political Action ENO - Elect	morganlincoln@gmail.com
Laura McBreairty	Student Member	l.e.mcbreairty@gmail.com

Watch this Space!!!

For upcoming opportunities in your local communities and interesting stuff..

Are you

- ⇒ interested in hosting a round table discussion with respect to nursing and the provision of diabetes care in your community?
- ⇒ looking for support for a community driven initiative?
- ⇒ interested in partnering with DNIG to deliver a workshop?

Contact dnig.info@gmail.com to discuss opportunities



The future in Diabetes?

Have you seen this interesting article in the January issue of [The Walrus](#)?
Garfinkel, Jonathan. (2020). Hacking Diabetes. pp42-48

In his search for ways to manage his disease more easily, Jonathan describes his experience with a do it yourself, user group. He linked up with an international community of 30,000 members interested in hacking existing devices to manage their diabetes. Acting on advice from group members he is experimenting with linking CGM to his insulin pump.

Health Quality Ontario (HQO)—Diabetes Quality Standards

UPDATE ON OFFLOADING

In 2017, Health Quality Ontario (HQO) published a quality standard on Diabetic Foot Ulcers. The standard addresses care for people who have developed, or are at risk of developing, a diabetic foot ulcer and is applicable in all settings, including primary care, home and community care, long-term care, and acute care. The ministry accepted the recommendation that three types of offloading devices be funded with the following announcement.

QUICK FACTS

Ontario is providing more than \$8 million over three years to provide three types of foot casts, also referred to as offloading devices, to treat diabetic foot ulcers. These devices include removable, non-removable and total contact foot casts which can cost between \$150 and \$620.

This funding followed Ontario's acceptance of the Ontario Health Technology Advisory Committee's recommendations to fund three types of offloading devices.

The province is also investing more than \$50,000 this year to support 14 health care specialists across the province to attend the Wounds Canada Conference for hands-on training and education. This funding is part of the larger wound care strategy.

Offloading devices can be an effective treatment tool for diabetic foot ulcers and can significantly improve patient outcomes and reduce the risk of amputation.

<https://news.ontario.ca/mohltc/en/2017/11/ontario-improving-wound-care-for-patients-with-diabetes.html>

The ministry's initial approach was for funding to be allocated to health service providers with current capacity, training and ability to appropriately fit the devices. The new funding might also be used for payment of offloading devices through LHIN-delivered Home and Community Care (HCC). The funds allocated to LHIN HCC for offloading devices required ministry approval of an implementation plan.

Health Quality Standards are intended to guide health system performance across Ontario. Developed through a collaborative process, the standards provide a guide for clinicians and patients about what quality care should look like for specific conditions. The standards include tools and resources to aid adoption across the province. —for more information, watch the short video:

<https://www.hqontario.ca/Evidence-to-Improve-Care/Quality-Standards/Frequently-Asked-Questions>

Quality Standards

UPDATE ON THREE NEW QUALITY STANDARDS PERTAINING TO DIABETES

In September 2019 Health Quality Ontario sent out three draft quality standards pertaining to diabetes for consultation. The consultation period has ended and the status of the documents is listed as “coming soon”.

The standards are listed below.

Diabetes (Prediabetes and Type 2) – Care for people of all ages.

This quality standard addresses care for children and adults who are at risk of developing prediabetes or type 2 diabetes or who already have a diagnosis of either. It does not address the prevention of type 2 diabetes in the general population, although it does provide guidance on risks and lifestyle factors that may affect the progression from prediabetes to type 2 diabetes.

This quality standard applies to all settings, including inpatient hospital care, correctional facilities, primary care, community care, specialist care, home care, hospital outpatient clinics, and long-term care.

Diabetes in Pregnancy

This quality standard addresses care for people with type 1 and type 2 diabetes who become pregnant and pregnant people diagnosed with gestational diabetes mellitus. It applies to all health care settings.

Diabetes (Type 1)

This quality standard addresses care for children and adults with a diagnosis of type 1 diabetes. It applies to all health care settings.

All quality standards, comprise five elements:

- The Quality Standard;
- Recommendations for Adoption;
- The Getting Started Guide;
- The Patient Reference Guide; and
- The Information and Data Brief.

WATCH FOR PUBLICATION OF THE STANDARDS AND NOTICE OF MINISTRY FUNDING!

DNIG members supporting RNAO Queen's Park on the Road

This year Queens Park on the Road focused on a better approach to long-term care in Ontario and the management of accidental opioid overdose, which is a public health crisis.

Improving approaches to long-term care is of particular interest to DNIG. Many of our members are employed in Long-Term Care (LTC) and well understand the challenges of providing the best quality of care to residents. At least one quarter of LTC residents have a diagnosis of diabetes and many residents have complex needs (Meneilly et al, 2019; Osman, Sherifali, Stolle & Heckman, 2016). This year's public inquiry into LTC in Ontario (Gillese, 2019) identifies that some health providers who were interviewed reported "*that the lack of nursing time to oversee diabetes management in LTC also compromised their abilities to medically manage diabetes*".

If staffing levels are inadequate, care is compromised. The final report of the public inquiry into LTC recommends that the Ministry of Health and Long-Term Care conduct a study to determine adequate staffing levels of registered staff and fund necessary staffing improvements. Of course it is important to base funding decisions on data, but hard to believe that operational data is not readily available on which to base funding decisions.

References

- Meneilly GS, Knip A, Miller DB, Sherifali D, Tessier D, Zahedi A. (2018). *Diabetes Canada 2018 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada: Diabetes in Older Adults*. S37Can J Diabetes 2018;42(Suppl): S283-295
- Osman, O., Sherifali, D., Stolle, P., Heckman, G. (2016). Diabetes Management in Long-Term Care: An exploratory study of the current practices and processes to managing frail elderly persons with Type 2 Diabetes. Canadian Journal of Diabetes. Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/26827683>
- The Honourable Eileen E. Gillese, Commissioner (2019). Public Inquiry into the Safety and Security of Long-Term Care Homes System. Volume 3 – A strategy for safety. Retrieved from: http://longtermcareinquiry.ca/wp-content/uploads/LTCI_Final_Report_Volume3_e.pdf

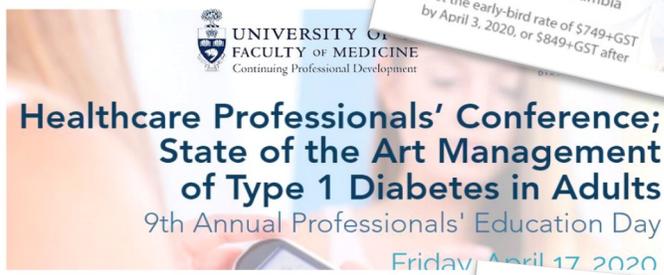
Professional education opportunities, consider DNIG Conference Funding



DIABETES EDUCATOR COURSE
kinghooper
DIABETES EDUCATION INC

April 27-29, 2020
Best Western Plus Chateau Granville
Vancouver, British Columbia

Get the early-bird rate of \$749+GST by April 3, 2020, or \$849+GST after



UNIVERSITY OF
FACULTY OF MEDICINE
Continuing Professional Development

**Healthcare Professionals' Conference;
State of the Art Management
of Type 1 Diabetes in Adults**
9th Annual Professionals' Education Day
Friday, April 17, 2020

Kinghooper Diabetes Education Inc. also runs a course in Toronto in the fall. Save the date for November 23-25.



Diabetes Update 2020

Toronto, Ontario
Friday, May 1st to Saturday, May 2nd, 2020
Location to be confirmed

**DU
20**

Friday, May 1, 2020
Talk Diabetes
The Diabetes Education & Management Centre—Hotel Dieu Hospital, Kingston
Ambassador Hotel
Contact catherine.murphy@kingstonhsc.ca



OCTOBER 28, 2020 - OCTOBER 31, 2020 | CALGARY, ALBERTA

**2020 Diabetes Canada/CSEM
Professional Conference**



**2nd Annual
Joint Cardiovascular-
Diabetes Symposium**

Journey From Risk Management to
Advanced Therapeutics

Registration is now open! »

January 17-18, 2020
Hilton Toronto Downtown

Conferences, Scholarships and Bursaries

DNIG supports Members in Ongoing Learning

For the past 16 years, DNIG has supported continuing education for members in diabetes nursing care and prevention. In 2020, we will offer the four bursaries listed below through the Registered Nurse Foundation of Ontario (RNFOO).

If you have been a DNIG member for at least one year and are considering further education, watch the RNFOO website for the call for applications, at: www.rnfoo.org

The application process for the 2020 RNFOO awards and scholarships will be open by December 15, 2019.

Diabetes Nursing Interest Group Northern Students Tuition Support Award (1 x \$1000) To support a baccalaureate nursing student in the final year of their program **or a Registered Nurse** who is enrolled in advanced education (certificate or degree) focusing on diabetes education/ care for persons living with diabetes, and who has demonstrated a significant commitment to the cause of diabetes. Applicants need not be enrolled in a degree program. Applicants must be current members of the RNAO Diabetes Nursing Interest Group and have held membership for at least one year, living and/or working in RNAO Region 11 or 12*.

**A nursing student studying outside of Region 11 or 12 must provide proof of a permanent address within the designated area.*

Diabetes Nursing Interest Group Scholarship (DNIG) (1 x \$2,000)

To support a Registered Nurse pursuing education (continuing education or degree) in the area of diabetes education and care specific to type 2 diabetes. Applicants need not be enrolled in a degree program. The applicant must demonstrate a significant commitment to diabetes education and care in a community with an Indigenous population. First consideration will be given to nurses of Indigenous origin. Applicants must be current members of the RNAO Diabetes Nursing Interest Group and have held membership for at least one year

Diabetes Nursing Interest Group Special Projects in Diabetes Award (1 x \$1000)

To support to a Registered Nurse completing a special project focusing on diabetes. Applicants need not be enrolled in a degree program. The applicant must have proof of significant interest in diabetes research, education, and/or care, and be currently practicing, or intending to practice, in the field. Applicants must be current members of the RNAO Diabetes Nursing Interest Group and have held membership for at least one year. Applicants who have received a previous award from DNIG are not eligible for this award. The project description, including budget estimates, must be provided.

Diabetes Nursing Interest Group (DNIG) Research Award (1 x \$3000)

This award will support a graduate level student in either a PhD, MScN or MN program who is conducting research focused on an aspect of nursing related to education, prevention, or management of diabetes. Applicants must have a **completed research proposal** that has been submitted for ethics approval. Applicants must be current members of the RNAO Diabetes Nursing Interest Group and have held membership for at least one year.

Conferences, Scholarships and Bursaries

DNIG supports Members in Ongoing Learning

We are pleased to report that once again we have funding to support four members to attend diabetes focused conferences in 2020. So start thinking ahead to 2020 and plan your ongoing learning.

The funding will cover costs of travel, accommodation, and meals, up to a maximum of \$1000 per member. Applicant must have been an RN member of DNIG for a minimum of one year and not a bursary recipient for the previous five years.

Personal Summary Selection Criteria
Brief personal summary must include:

1. Identified professional objectives for attending the diabetes conference.
2. Identified involvement (past/present) in diabetes professional practice/DNIG
3. Identified strategy for sharing learning with nursing colleagues. **APPLY NOW**

Please send completed scanned applications and any questions to: [Lisa Herlehy](#)



2019 Canadian Community Health Nursing Professional Practice Model and Standards of Practice

Many nurses working in diabetes care in Ontario provide their services in the community through home health, public health and primary care settings.

These revised standards apply to all nurses providing care in the community and form the basis for the Community Certification Examination

A read only copy of the standards is available on the CHNC website:

<https://www.chnc.ca/en/standards-of-practice>

Conference Funding Application

Name: _____

Address: _____

Email: _____

Phone: _____

RNAO membership # _____

DNIG Membership duration _____

Employment status: FT PT

Employer _____

Please tell us about the conference you wish to attend, approximate distance and your anticipated mode of transportation.

*NOTE: For reimbursement of agreed upon amount, an expense report and all receipts are to be submitted to DNIG, no later than 1 month following conference completion . Recipients are also asked to submit a written report on your experience to DNIG executive to share with membership.

Please attach a 1-page document (maximum 500 words) outlining why you qualify for this funding.

Be sure to:

Describe your professional objectives for attending the conference.

Describe your involvement (past/present) in your professional association/DNIG

Describe your employment status, location, role in diabetes nursing

Describe how you will share what you have learned with your nursing colleagues

Please supply one professional reference.

Name: _____ Phone number: _____

I certify that all information contained I this application is true and accurate.

Applicant signature _____ Date: _____

Please scan completed application and [e-mail to Lisa](#) . Apply Now!